

CHUBB®

Western Claim Service Center
P.O. Box 42065
Phoenix, AZ 85080
O (213) 612-0880
F (800) 664-1765

October 21, 2019

Farber & Co
333 Hegenberger Road, Suite 504
Oakland, CA 94621

RECEIVED
OCT 29 2019
Pacific Workers'

Re: Employee: Jonathan Shockley
Employer: Biotelemetry Inc
Date of Injury: 2/15/2019
Policy Number: 000071738154 / 000090
Claim Number: 040519008736
Company: Chubb Indemnity Insurance Company

In accordance with the Rules of Practice and Procedures of the Workers' Compensation Appeals Board, we submit the following:

(x) Medicals as follows: All Medicals received from 7-19-19 to 10-21-19

- Daily Note: 3-25-19 & 5-10-19

Sincerely,

Mario Castro

Mario Castro/tdl
Claims Examiner

**PROOF OF SERVICE
1013A (3) CCP**

STATE OF CALIFORNIA, COUNTY OF LOS ANGELES

I am employed in the County of Los Angeles, State of California. I am over the age of 18 and not a party to the within action. My business address is P.O. Box 42065, Phoenix, Arizona 85080.

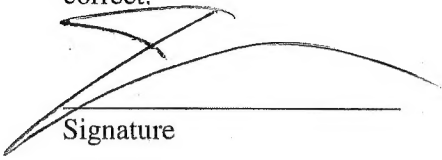
On 10-21-19 I served the foregoing document described as a cover letter and medical reports as listed, on the interested parties in this action by placing a true copy thereof enclosed in a sealed envelope with postage thereon fully prepaid, in the United States mail at Los Angeles, California addressed as follows:

Colantoni, Collins, Marren, Phillips and Tulk
201 Spear Street Suite 1100
San Francisco, CA 94105

Farber & Co
333 Hegenberger Road, Suite 504
Oakland, CA 94621

Executed on 10-21-19 in Los Angeles, California.

I declare under penalty of perjury, under the laws of the State of California that the above is true and correct.



Signature

Tramaine Lee

Typed or Printed Name

Golden Gate Hand Therapy
 1700 California St Ste 440
 San Francisco, CA 94109-4592
 Phone: (415)359-1444
 Fax: (415)447-3868

Daily Note / Billing Sheet

Patient Name: Shockley, Jonathan
Date of Birth: 09/27/1978
Referring Physician(s): Lang, Patrick MD

Date of Daily Note: 03/25/2019
Injury/Onset/Change of Status Date: 02/15/2019
Diagnosis: ICD10: M79.641: Pain in right hand, M79.642: Pain in left hand

Date of Original Eval: 03/18/2019

Visit No.: 3

Treatment Diagnosis: ICD10: M79.641: Pain in right hand, M79.642: Pain in left hand

Insurance Name: One Call PT/ Align Networks

Subjective

Treatment Side: Left, Right

Current Complaints / Gains: "I tried to lift my bed the other day and it was very hard. I can't believe how weak I am with these exercises."

Home Health Care: No

Mental Status/Cognitive Function Appears Impaired? No

Objective

Objective Findings

MHP/Paraffin to bilateral hands, MHP to bilateral FA on foam roller, backstrokes and snow angels, STM bilateral FA flexors/extensors, US 0.5 w/cm2 3 MHz R volar distal FA cont, cupping/graston along FA, red flexbar pro/sup 15x, 1# wrist curls 15x

Assessment

Assessment/Diagnosis: Pt quick to fatigue w/ 2# and 1# weights during wrist curls; pt motivated to work on strengthening

Patient Education: +wrist curls @ home w/ water bottles as weights

Rehab Potential: Good

Patient Problems:

- Decreased function and increased pain affecting ability to complete I/ADLs.

Short Term Goals:

1: (2 Weeks) | 1. Pt will be I with HEP |

Long Term Goals:

1: (6 Weeks) | 1. Pt will decrease pain to 0-1/10

2. Pt will understand and implement proper positioning for I/ADLs.

3. Pt will increase grip strength bilaterally by 10#

4. Pt will be able to return to work part time while implementing proper positioning/breaks. |

Plan

Instructions: Progressing Patient Next Visit

45 min tx.

Focus on strengthening proximally & distally

Annie Ting

Golden Gate Hand Therapy
1700 California St Ste 440
San Francisco, CA 94109-4592
Phone: (415)359-1444
Fax: (415)447-3868

Daily Note / Billing Sheet

Patient Name: Shockley, Jonathan
Date of Birth: 09/27/1978
Referring Physician(s): Lang, Patrick MD

Date of Daily Note: 05/10/2019
Injury/Onset/Change of Status Date: 02/15/2019
Diagnosis: ICD10: M79.641: Pain in right hand, M79.642: Pain in left hand
Visit No.: 14
Insurance Name: One Call PT/ Align Networks

Date of Original Eval: 03/18/2019
Treatment Diagnosis: ICD10: M79.641: Pain in right hand, M79.642: Pain in left hand

Subjective

Treatment Side: Left, Right
Current Complaints / Gains: "Things are about the same, but I know things are feeling better."
Home Health Care: No
Mental Status/Cognitive Function Appears Impaired? No

Objective

Objective Findings

Paraffin to bilateral hands, MHP to bilateral FA on foam roller, backstrokes and snow angels 1x20, STM to bilateral FA flexors/extensors with FA stretches, green flexbar sup/pro 15x, 2# wrist curls 2x15 each plane, velcroboard 5x back/forth bilateral for grip and 3 pt pinch, gyroball for 1 min, C/P

Assessment

Assessment/Diagnosis: Pt w/ poor endurance for strengthening, continues to have bilateral FA pain w/ functional use
Rehab Potential: Good
Patient Problems:
- Decreased function and increased pain affecting ability to complete I/ADLs.
Short Term Goals:
1: (2 Weeks) | 1. Pt will be I with HEP |
Long Term Goals:
1: (6 Weeks) | 1. Pt will decrease pain to 0-1/10
2. Pt will understand and implement proper positioning for I/ADLs.
3. Pt will increase grip strength bilaterally by 10#
4. Pt will be able to return to work part time while implementing proper positioning/breaks. |

Plan

Instructions: Progressing Patient Next Visit
45 min tx.

97140 manual (1) 15 min
97110 Therex (1) 15 min
97013 Paraffin (1)

Annie Ting